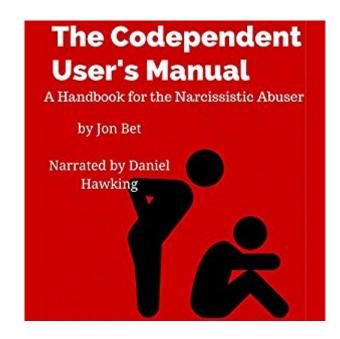
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The Codependent User's Manual: A Handbook For The Narcissistic Abuser





Synopsis

This is not a satire, but it takes a satirical approach to shedding light upon a very dark subject: narcissistic abuse. It is intended to demonstrate to those struggling with codependency just how narcissists actually view them. By listening to their "play book", codependents should be able to recognize covert abuse and avoid its pernicious effects.

Book Information

Audible Audio Edition Listening Length: 54 minutes Program Type: Audiobook Version: Unabridged Publisher: Jon Bet Audible.com Release Date: January 13, 2016 Whispersync for Voice: Ready Language: English ASIN: B01AIMJXMU Best Sellers Rank: #19 inÅ Books > Health, Fitness & Dieting > Addiction & Recovery > Adult Children of Alcoholics #74 inÅ Books > Health, Fitness & Dieting > Mental Health > Codependency #807 inÅ Books > Audible Audiobooks > Health, Mind & Body > Self-Help

Customer Reviews

Shared this with a friend who desperately needed some common sense to snap them out of their rut. It you are not sure if you're being taken advantage of in relationships, life, etc. Read this book and you'll realize you are.

It explains why I feel like a magnet for jerks. I see the tactics clear as day now so hopefully I will be able to spot them and avoid them in the future.

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